FAQs

Hamilton Area YMCA is proud to partner with the New Jersey Department of Human Services (DHS) to help our neighbors learn about the state's Supplemental Nutrition Assistance Program, NJ SNAP.

As SNAP Navigators, we're here to teach you about SNAP nutrition assistance, including availability, screening and eligibility requirements. We can answer questions about applying and assist you with your SNAP application.

Here are answers to many commonly asked questions about accessing the Y's free and confidential SNAP guidance:

How do I go about getting SNAP help from the Y?

You can schedule an appointment by sending an email to snap@hamiltonymca.org

Where are you located?

The Y is located at 1315 Whitehorse-Mercerville Road, Hamilton, NJ 08619

What are the hours for SNAP assistance?

Appointments are available Thursday's and Friday's, hours vary by the week.

Do you accept walk-ins?

All assistance is by appointment only.

Can you assist non-English speakers?

We can provide assistance in Spanish