



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



KAY'S COMEBACK

An auto-immune disorder led Kay to look for a way to regain her balance and strength. The Y had a program that was a perfect fit – and it provided her so much more!



**“The Y has been a wonderful experience for me.
I’m proud to be a member.”**

For Kay, the Y has been so much more than a place to regain strength and balance. There is no support group for her auto immune disease, so she was thrilled to find OneStep, which is a program meant for those with MS, but focused on the areas she needed to improve.

“We’re like a family - we encourage and support each other. We understand each other. The staff are amazing - they have no idea the impact they’ve had on my life.”

Kay says that her overall health has improved and credits much of that to her emotional outlook. “I push through the pain to come to the Y, because I know that the outcome is amazing!”

When you give to the Hamilton Area YMCA, you give the gift of health to so many.

Through the Y's Healthy Living Programs, our neighbors and friends are winning their battles against chronic disease and living more vital, active lives than they ever thought possible.

We know that a person living with cancer, multiple sclerosis, Parkinson's, or type II diabetes is often living with medical bills, co-pays, and lost days of work. That's why we are committed to offering programs like THRIVE, One Step and others at low- or no-cost to those who need them.

Help us provide our neighbors with a stronger, healthier future.

As a not-for-profit organization, your donations help over 2380 participants in our mission programs:

1000 Active Older Adult Members



112 Membership Financial Assistance



376 Healthy Living Programs (THRIVE, One Step, Parkinson's, Diabetes, ACT!)



450 SKOR/SOAR Participants (Special Needs)



442 Youth Development Financial Assistance (Camp, BASE, Y's Owls, Y Connection)



Annually, we subsidize over \$500,000 in program costs. Without your help, we can't sustain or grow these programs that benefit your neighbors and your community.

Every dollar you give is reinvested right here in our community.

Name _____

Address _____

Phone _____

Email _____

YES! I want to help the Y create A Better Us with a gift of:

☐ \$10 ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500

Other: \$ _____

Recognition Name _____

☐ I do not wish to be recognized publicly.

Please credit my gift to the following campaign team or fundraiser:

I would like to complete my gift in the following way:

☐ Check enclosed made payable to Hamilton Area YMCA

☐ Cash

☐ Credit Card:

☐ Visa ☐ MC ☐ AMEX ☐ DISC

Card # _____

Name on Card _____

Expiration Date _____ SID# _____

Please draft my credit card:

☐ One time/Full Amt. ☐ Monthly ☐ Quarterly

Signature _____

☐ I am a Y member. Please draft my membership \$_____/month.

☐ My company has a matching gift program. Please contact me.

☐ I have included the Hamilton Area YMCA in my estate plans.

☐ I would like to learn more about the benefits of including the Hamilton Area YMCA in my estate plans.

Kindly return this form to the Hamilton Area YMCA, Attention:
Development Department, 1315 Whitehorse-Mercerville Road,
Hamilton, NJ 08619.

For additional information about how you can help the YMCA build
A Better Us, call 609.581.9622 ext 111.

Information filed with the Attorney General concerning this charitable solicitation may be
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the Attorney General does not imply endorsement. EIN #21-0702879