#### **BE A PART OF THE STORY. GIVE.**

Name:		
Address:		
	State: Zip Code:	
The above address is my: Home Work		
Phone:		
Email:		
	r:	

I am involved with the following Y program/activity:

## \_\_\_\_ YES! I want to make a positive impact in my community with a gift of:

\$25	or \$2.09 per month
\$50	or \$4.17 per month
\$100	or \$8.34 per month
\$250	or \$20.84 per month
\$500	or \$41.67 per month
Other	



#### Recognition Name:

□ I do not wish to be recognized in any materials.

I would like to pay for my gift in the following way:

#### (please check one)

\_\_\_\_ Check attached made payable to Hamilton Area YMCA

\_\_\_\_ Cash

 Charge my credit card:
Visa MC AMEX DISC
Card #
Name on Card
Expiration Date SID#
Please draft my credit card:
One time/Full Amt Monthly Quarterly

Signature:

- \_\_\_\_ Yes, my company will match this gift. Please contact me.
- Yes, I would like information about the benefits of including the Hamilton Area YMCA in my estate planning.

## For additional information about how you can support the Hamilton Area YMCA call 609.581.9622 ext. 125.

Information filed with the Attorney General concerning this charitable solicitation may be obtained from the Attorney of the State of NJ by calling 973-504-6215. Registration with the Attorney General does not imply endorsement.





The Hamilton Area YMCA is a 501(c)3 non-profit organization that is sustained through the generous support of those who live, work and do business in our community. Charitable giving to the Y allows us to provide valuable programs and services that meet critical needs in our community. Because of your financial support, children grow and thrive, adults live healthier lives, and we are able to extend a helping hand to our neighbors in their time of need.



# MANY STORIES. ONE Y.







"Through ACT! Christopher is learning lessons that will last a lifetime...how to make healthy food choices and how to make exercise fun! This will stay with him forever."

- Mia Byles, Christopher's Mom

When 11 year old Christopher's blood work showed dangerously high cholesterol, his pediatrician told his mother he needed a heart healthy diet and an exercise program. Frustrated, she looked around for resources to help her son and found nothing. Until she found the Y. Through ACT!, the Y's program for kids struggling with obesity, Christopher has learned new tools to change the course of his life.

That is what youth development at the Y is all about. Whether it's through programs like ACT! or aquatics, sports or school age care, the Y makes strong, healthy kids.



"The Y has provided me with an opportunity to improve my health, and I'm happy that I took advantage." – Jim Christensen, Delay the Disease Participant

Diseases like diabetes, Parkinsons, arthritis and cancer take a toll on the patient, their family, and ultimately our entire community. The Y will attack these issues head on with a collection of programs in 2015. THRIVE! will provide a way for those living with a cancer diagnosis to stay active and vital. The YMCA Diabetes Prevention Program will help participants change the course of their future. And our new Enhanced Fitness program for arthritis patients, along with the Delay the Disease Parkinson's program, will help those individuals preserve their health for years to come.

At the Y, healthy living isn't just about working out. It's about providing people like Jim with the tools and programs they need to live a long, happy life.

Your gift to the Hamilton Area YMCA ensures these stories...and thousands more...have a happy ending.



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"The people at the Y inspire me to be healthy, be confident and be strong!" - Alexa Akin, Y Volunteer & SKOR Participant

Lex joined the Y at age 11 through our SKOR basketball program. While she came in looking to make new friends and meet new people, she found far more than that. In the Y, she found an organization that helped her build confidence and get involved in the community. And she's not alone. Generations of people have found a sense of belonging at the Y through programs like SKOR, Active Older Adults and many more.

Our firm commitment to inclusive programming means that individuals of all ages and abilities can find a place to belong at the Y.

### **Our Continued Commitment**

The Y has made a commitment to our community to never turn an individual or family away due to inability to pay the full fee, recognizing that these neighbors are often those who need programs and services, like childcare and summer camp, the most. In 2015, the Y will continue our tradition of extending a helping hand, with a goal of providing \$100,000 in financial assistance to families in our community.