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**Aquatic Arthritis Foundation Program**

**STUDENT CONSULTATION AND INTAKE FORM**

## STUDENT INTAKE FORM

The purpose of this intake form is to understand the needs of students in the Aquatic Arthritis Foundation program. This form is designed to be filled out and returned prior to the beginning of the program.

Date: \_\_\_\_\_ Student ID (filled out by YMCA): \_\_\_\_\_  
Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_  
Contact Phone: \_\_\_\_\_ Contact Email: \_\_\_\_\_

### GOALS

What, if any, specific goals do you have for the student in the Aquatic Arthritis Foundation Program (check all that apply)?

- Physical: strength, endurance, balance, motor skill development (please specify below)

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- Other (please specify below)

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### HISTORY

Has the student been involved in any Aquatic Arthritis program/ therapy in the past?

- Yes  
 No

If yes, please describe:

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Has the student been involved in aquatic programs at another YMCA or through another organization?

- Yes
- No

If yes, what organization and what type of program?

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Is the student fearful of the water? The pool program will be held in the 4ft section of the pool.

- Yes
- No

## **AREAS OF SUPPORT**

### **Medical Needs**

Does the student have any medical or physical restrictions?

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Are there any medical concerns we should be aware of?

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How will the student enter the pool?

- Independently using the steps
- With assistance from another person/ chairlift

Does the student have difficulty with any of the following (check all that apply)?

### **Physical**

- Gait
- Balance
- Coordination
- Strength
- Endurance
- Range of motion

Check how the student identifies in the following areas (check all that apply):

### **Vision**

- No significant vision impairment
- Can see light/shadows
- Legally blind

**Hearing**

- No significant hearing impairment       Mild loss       Moderate/severe loss
- Deaf

**Speech/Communication**

- Verbal               Nonverbal               Sign language

Will the student use exercise/instructional equipment (pool noodle, float belt, barbells, etc.)?

- Yes
- No
- Unsure

**Additional comments:**

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