



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD REVIEW COURSE

Our courses give you more!

The Hamilton YMCA offers additional certification topics within our Lifeguard courses to help develop a thorough understanding of all areas. You will notice the word "bundle" - these courses have extra time included in the course to cover the following areas (and also allow extra in person practice time). You can opt out of the additional course time, by speaking with the instructor, however fee structure will not change.

- Administering Emergency Oxygen
- Epi-pen Injector
- Asthma Inhaler
- Bloodborne Pathogens

To register:

- A Hamilton Area YMCA membership is not required for participation in these programs.
- Certification classes must have a minimum of three participants for the class to be held due to skill practice.
- Registration must be completed via phone or in person at the Membership Service Desk.

Fee:

Facility/Facility Plus Member: \$80

Program/Non-Member: \$100

Offering: 1AQJLGR1

Tuesday, September 11 9:30 a.m. - 2:30 p.m.
Wednesday, September 12 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR1

Saturday, July 28 8:00 a.m. - 5:00 p.m.
Saturday, August 4 8:00 a.m. - 5:00 p.m.

Offering: 1AQJLGR2

Tuesday, October 2 9:30 a.m. - 2:30 p.m.
Wednesday, October 3 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR3B

Saturday, September 15 8:00 a.m. - 5:00 p.m.
Saturday, September 22 8:00 a.m. - 5:00 p.m.

Offering: 1AQJLGR3

Tuesday, October 23 9:30 a.m. - 2:30 p.m.
Wednesday, October 24 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR4B

Saturday, October 13 9:00 a.m. - 5:00 p.m.
Sunday, October 14 12:00 - 5:00 p.m.

Offering: 1AQJLGR4

Tuesday, November 6 9:30 a.m. - 2:30 p.m.
Wednesday, November 7 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR5B

Saturday, November 17 8:00 a.m. - 5:00 p.m.
Saturday, November 24 8:00 a.m. - 5:00 p.m.

Offering: 1AQJLGR5

Monday, November 20 9:30 a.m. - 2:30 p.m.
Tuesday, November 19 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR6B

Saturday, December 1 8:00 a.m. - 5:00 p.m.
Saturday, December 8 8:00 a.m. - 5:00 p.m.

Offering: 1AQJLGR6

Tuesday, December 11 9:30 a.m. - 2:30 p.m.
Wednesday, December 12 9:30 a.m. - 2:30 p.m.

Offering Bundle: 1AQJLGR7B

Friday, December 28 8:00 a.m. - 5:00 p.m.
Saturday, December 29 8:00 a.m. - 5:00 p.m.

Offering: 1AQJLGR7

Tuesday, December 18 9:30 a.m. - 2:30 p.m.
Wednesday, December 19 9:30 a.m. - 2:30 p.m.