



## LIFEGUARD REVIEW COURSE

This course is best suited for those with current lifeguarding certification who simply need to renew. This course is available in traditional, in-person format only (9 hours, 40 minutes). This course is available for individuals whose certification is still valid (or within 30 days of expiring) while allowing you to continue to work without a lapse in verification.

Our courses give you more! The Hamilton YMCA offers additional certification topics within our Lifeguard courses to help develop a thorough understanding of all areas. You will notice the word "bundle" - these courses have extra time included in the course to cover the following areas (and also allow extra in person practice time). You can opt out of the additional course time, by speaking with the instructor, however fee structure will not change.

- Administering Emergency Oxygen
- Epi-pen Injector
- Asthma Inhaler
- Bloodborne Pathogens

To register:

- A Hamilton Area YMCA membership is not required for participation in these programs.
- Certification classes must have a minimum of three participants for the class to be held due to skill practice.
- Registration must be completed via phone or in person at the Membership Service Desk.

### Fees:

**Prerequisite Swim Test: \$20 (Non-refundable)**

**Facility/Facility Plus Member: \$60**

**Program/Non-Member: \$80**

### Offering

*Swim Test: Friday, February 8 from 4:00 - 5:00 p.m.*

Friday, February 8      5:00 - 9:00 p.m.

Saturday, February 9      9:00 a.m. - 4:00 p.m.

### Offering

*Swim Test: Tuesday, March 12 from 9:00 - 10:00 a.m.*

Tuesday, March 12      10:00 a.m. - 3:30 p.m.

Wednesday, March 13      9:00 a.m. - 3:30 p.m.

### Offering

*Swim Test: Tuesday, March 19 from 9:00 - 10:00 a.m.*

Tuesday, March 19      10:00 a.m. - 3:30 p.m.

Wednesday, March 20      9:00 a.m. - 3:30 p.m.

### Offering

*Swim Test: Tuesday, May 7 from 9:00 - 10:00 a.m.*

Tuesday, May 7      10:00 a.m. - 3:30 p.m.

Wednesday, May 8      9:00 a.m. - 3:30 p.m.

### Offering

*Swim Test: Tuesday, May 14 from 9:00 - 10:00 a.m.*

Tuesday, May 14      10:00 a.m. - 3:30 p.m.

Wednesday, May 15      9:00 a.m. - 3:30 p.m.

### Offering

*Swim Test: Tuesday, June 4 from 9:00 - 10:00 a.m.*

Tuesday, June 4      10:00 a.m. - 3:30 p.m.

Wednesday, June 5      9:00 a.m. - 3:30 p.m.

### Offering

*Swim Test: Tuesday, June 11 from 9:00 - 10:00 a.m.*

Tuesday, June 11      10:00 a.m. - 3:30 p.m.

Wednesday, June 12      9:00 a.m. - 3:30 p.m.

**Offering Bundles can be found on the next page.**

**Offering Bundle**

*Swim Test: Friday, March 1 from 4:30 - 5:30 p.m.*

Friday, March 1                    4:30 - 9:00 p.m.

Saturday, March 2                12:00 - 6:00 p.m.

Sunday, March 3                 12:00 - 4:00 p.m.

**Offering Bundle**

*Swim Test: Tuesday, March 16 from 9:00 - 10:00 a.m.*

Saturday, March 16               10:00 a.m. - 5:00 p.m.

Sunday, March 17                9:00 a.m. - 5:00 p.m.

**Offering Bundle**

*Swim Test: Tuesday, April 16 from 9:00 - 10:00 a.m.*

Tuesday, April 16                10:00 a.m. - 5:00 p.m.

Thursday, April 18               9:00 a.m. - 5:00 p.m.

**Offering Bundle**

*Swim Test: Tuesday, May 28 from 9:00 - 10:00 a.m.*

Tuesday, May 28                 10:00 a.m. - 5:00 p.m.

Thursday, May 30                9:00 a.m. - 5:00 p.m.