

Sports & Play at JKR Contact Tyler Koerber at 609.581.9622 ext. 121 or tkoerber@hamiltonymca.org

60 minutes Karate
45 minutes

All Members: \$94
Facility Members: \$62 | Program Members \$84

CLASS	AGE	MON	TUES	WED	THU	FRI	SAT	SUN
Little Rookies*	19 - 36 months					10:00 a.m.	10:30 a.m.	
Team Toddlers*	19 - 36 months			9:15 a.m.				
Strider Balance Bike Training	2 1/2 - 5			10:00 a.m.	11:00 a.m.			
Little Athletes	3 - 5				10:15 a.m. 5:00 p.m.	10:45 a.m.		
Pee Wee B-Ball/T-Ball	3 - 5			4:30 p.m.				
Sports Start	3 - 5						9:45 a.m.	
Super Star Soccer	3 - 5				5:45 p.m.	9:00 a.m.		
Y Rookies	3 - 5			6:00 p.m.	9:30 a.m.			
Sports Mania	6 - 8				7:15 p.m.			
Triple Play	6 - 8						9:00 a.m.	
Y Shooters Beginner	6 - 8	6:00 p.m. 6:45 p.m.						
Y Soccer	6 - 8				6:30 p.m.			
Y World of Sports	6 - 8			5:15 p.m.				
Games Galore, Sports & More	6 - 10				4:15 p.m.			
Youth Fitness	6 - 12			5:30 p.m.		5:00 p.m.	9:30 a.m.	
Sports, Speed and Agility	9 - 12			7:30 p.m.				
Y Dodgeball & Nerf	9 - 12			6:45 p.m.				
Y Dribblers - Into./Adv.	9 - 12	7:30 p.m.						
Karate	5 - 11 12+					6:00 p.m. 7:00 p.m.		

*Parent participation required

NEW! PICKLEBALL DRILL CLINICS

Pickleball Drill Clinics are **meant for Advanced Beginner and Intermediate players** who want to improve their game play with the intention of practicing new techniques and moving up to the next level. **Anyone taking this clinic must know how to play, the basic strokes, sustaining rallies, court positioning and scoring.**

Clinics will be held at the Hamilton Area YMCA Sawmill Branch at 185 Sawmill Road, Hamilton, NJ. **Pre-Registration is required as space is limited. Registration opens the Wednesday prior to the clinic and can be done online or at the desk.**

Visit the Leagues page of hamiltonymca.org for more information!

