



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## FALL & WINTER YOUTH SPORTS LEAGUES

### FALL SOCCER (ages 3 – 9)

Hamilton Area YMCA soccer leagues offer a safe and productive environment for your child to learn the fundamentals of soccer, as well as the importance of teamwork. Your child will be part of the player development initiative that is recommended by the U.S. Soccer Association for youth soccer. All ages will participate in small-sided games, teaching them more skills, comprehension of offense and defense and giving them more touches on the ball while maintaining a fun atmosphere.

Practices will be led by a YMCA coach beginning in mid to late August. Teams will be assembled in early September, with the season scheduled to begin on September 14.

### FALL NFL FLAG FOOTBALL (ages 7 – 12)

The Hamilton Area YMCA is teaming up with the NFL to bring you our new NFL Flag Football league. Our NFL flag football league offers a safe way for children to participate in football. Players will learn the fundamentals of football and teamwork all while having fun in a coed, safe, and competitive way. Practices are held during the week based on coaches availability. Games will be scheduled beginning September 13.

### WINTER BASKETBALL

Our youth basketball league focuses on good sportsmanship and instruction. The season runs 8 – 10 weeks with all games scheduled in one of our climate-controlled gymnasiums.

Practices begin in mid-November. Each team is assigned a week night, time and local practice location. Games will begin the weekend of December 7 and continue through mid-February. *To ensure balance among teams, teams will be set based off evaluations, not requests. All participants must attend one of the evaluations to be placed on a team. Evaluation dates will be posted when they are determined.*

### League Divisions

- Co-ed ages 4 – 5/Kindergarten
- Co-ed grades 1 – 2
- Boys grades 3 – 4
- Boys grades 5 – 6
- Boys grades 7 – 8
- Boys grades 9 – 11

*All players must have at minimum a Youth Program Membership.*

For more information, please contact Logan Perez, Sawmill Camp & Sports Director, at 609.581.9622 ext. 21105 or [lperez@hamiltonymca.org](mailto:lperez@hamiltonymca.org).

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