



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS LEAGUES

The Y is the jumping off point for many kids to learn about the importance of physical activity and for developing the healthy habits they'll carry with them throughout their lives.

The benefits of joining a Youth Sports League at the Hamilton Area YMCA are far greater than just physical health. Whether it's gaining the confidence that comes from learning a new skill or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the YMCA is about building a healthy, active and contributing member of the community from the inside out.

Youth sports at the YMCA teach kids more than just how to score goals, make baskets or hit doubles into the gap; they teach character and social skills for future leaders.

Youth Leagues

- Spring Co-ed Soccer (ages 3 - 9)
- Spring T-Ball (ages 4 - 6)
- Spring NFL Flag Football (ages 7 - 12)
- Fall Soccer (ages 3 - 9)
- Winter Basketball (ages 3 - 13)
- Winter Soccer Clinic (ages 4 - 9)

Registration Deadline

March 31
March 31
March 31
July 31
September 30
October 31

How to Register

- Register online at anytime for any 2020 sports league!
- Register in person at the Member Service Desk at either branch.

For more information about specific leagues, please visit our website at hamiltonymca.org.

For more information about Youth Leagues, please contact Erik Wiener at ewiener@hamiltonymca.org.

Hamilton Area YMCA

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