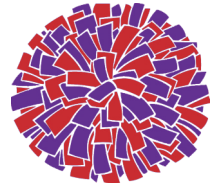
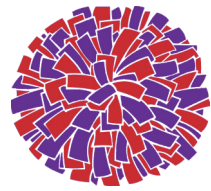




NEW! CHEERLEADING



We're excited to introduce cheerleading as our newest SKOR/SOAR program! This program will include conditioning, dance, stunting, and cheering, while developing participants' team building skills, confidence, and core strength. Participants must wear athletic attire and sneakers. Uniforms and pom-poms will be provided.

Cheerleaders will meet on Wednesdays from 5:30 - 6:30 p.m. in the JKR Branch Kids Gym, and on Sundays from 11:00 a.m. - 12:00 p.m. at the Sawmill Branch.

Fee: \$55 per participant

Age: 8 years and older

Participants should be able to work within a 7:1 ratio. *Parents must stay in the building for participants under the age of 13 and/or for those that are unable to work independently within the ratio.*

For more information, please contact Janice Nastasi at jnastasi@hamiltonymca.org.

Participant Name: _____

Date of Birth: _____ Gender: Male ☐ Female ☐

Address: _____

Phone: _____ E-mail Address: _____

Participant uses: Walker ☐ Wheelchair ☐ None ☐ Other ☐

Waiver: In consideration of your acceptance of this entry, hereby for myself, my heirs, my executors and administrators waive any and all rights and claims for damages I may have against the Hamilton Area YMCA, their respective representatives and successors, and all sponsors, and will hold them harmless from any injury suffered in this event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with this event. I have been warned that I must be in good health to participate in this event. The Hamilton Area YMCA reserves the right to photograph or film any participant and use the said pictures or film for any form of advertising or promotion as deemed appropriate. No refunds. Credits will be issued for illness. Must be supported by a doctor's note.

Signature of Parent/Guardian (If applicable)

Date