



# FIND YOUR ADVENTURE

at Sawmill Summer Camp 2023





# FIND YOUR ADVENTURE!



At Sawmill Summer Day Camp we have 50 acres of outdoor space, the largest pool in Mercer County, fun activities ranging from sports to crafts and STEM, youth programming, special events, themes and traditions. 5 fun-filled days for campers to find their spark, find their sense of wonder, find their friends and **FIND THEIR ADVENTURE!**



- **Find Your Spark.**

Y camp is a place where kids can develop skills, confidence and new friendships.



- **Find Your Sense of Wonder.**

Kids get to discover all the wonders of the outdoors while making friends and creating memories that will last a lifetime.



- **Find Your Friends and Fun.**

At Y day camp, your kids will make new friends and have tons of fun as they grow and explore new adventures each day.



- **Find Your Adventure.**

Summer is a time for kids to explore new things and expand the limits of their imagination. At Y summer day camp, every day is a new adventure!

**Visit [hamiltonymca.org](http://hamiltonymca.org) to register!**



## Camp Dates

June 21 - August 30

## 2023 Camp Rates

### 5 day per week options:

Monday - Friday 9:00 a.m. - 4:00 p.m.

\$406 per week

Follow our Facebook page for ways to SAVE!

Pre Camp - 7:30 a.m. - 9:00 a.m. - \$40 per week

Post Camp - 4:00 p.m. - 6:00 p.m. - \$50 per week

### CIT Program

Train to be a future counselor in our Counselor In Training (CIT) Program. Candidates must go through an interview process with the Camp Director. Apply early! Limited space available.

- Offered July 10- August 11
- Ages 14-15
- \$226 per week

### **No Membership Required**

Simply pay a \$35 registration fee

### **Online Registration**

Register, make payments, complete medical information, sign waivers, submit immunization records all online.

### **Phone app**

The CampSpace app allows parents to receive camp communication, check their child's daily schedule, update the pick up list, electronically sign in and out their child.







## Typical Camp Day

Camp day schedule and activities will vary

- 7:30 - 9:00 a.m. - Pre Camp\*
- 9:00 a.m. - Morning Meeting
- 9:15 a.m. - Sports Activity
- 10:00 a.m. - Morning Swim (2 swims each day!)
- 10:45 a.m. - Arts and Crafts Activity
- 11:30 a.m. - Lunch
- 12:15 p.m. - STEM Activity
- 1:00 p.m. - Afternoon Swim
- 1:45 p.m. - Specialty Program
- 2:30 p.m. - Group Game/Choice
- 3:15 p.m. - Afternoon Meeting
- 3:45 - 4:30 p.m. - Camp Clubs
- 3:45 - 4:30 p.m. - Prepare for Departures
- 4:30 - 6:00 p.m. - Post Camp\*

\*Campers enrolled in pre and post camp will participate in camp structured activities.

## Facility Features

- 50 acres of outdoor recreation
- Large L-Shaped pool - largest in Mercer County!
- Small Wading Pool
- 3 pavilions each with picnic tables, water fountains and restrooms
- Big top tents each with picnic tables and water stations
- Climate controlled indoor gymnasium
- Outdoor basketball courts
- Sand volleyball courts
- Gaga Courts
- Quoit Pits
- Human foosball court
- Traversing Wall
- Playground
- Soccer fields
- Baseball fields
- Water tag course
- Misting and sprinkler stations
- Foot and Disc Golf Course



### Off-season Events

Join us at Sawmill for fun off-season events like dodgeball games, a knock out tournament and more!

[Click here for additional details.](#)





## NEW THIS SUMMER! Specialty Camps

The goal of specialty camp is to gain new skills in select areas. Campers will have the opportunity to showcase the skills they have learned to the Day Camp at the end of each week. Each specialty camp is carefully planned by the Camp Director and Camp Specialists and has a unique curriculum in place.

### Art camp • June 26 – July 14

Our art camp is designed to stimulate creative expression through projects and activities that change each week. Campers have fun, develop important artistic techniques and learn about the principles of visual art and historical periods through a variety of projects that utilize an assortment of media, including painting, drawing, sculpture and ceramics.

### Dance Camp • July 17– August 4

This is a high energy camp that emphasizes rhythm, style, and personal expression through freestyle dance and choreography. This camp is the perfect way for campers to learn about dance, make new friends, and create lasting memories.

### Sports Camp • August 7 – August 25

Join us for a fun, jam-packed week of sports and team building! This camp offers a multi-sport experience with team building games. Your camper will engage in a variety of sports activities that will develop confidence, promote social and interpersonal skills, keep them active and healthy, and challenge them to try new things – all in a safe environment led by positive adult role models.

**Limited space is available!**



## Swim Lessons

Nurturing skills and building confidence in the water! In each community, the Y is in the service of building a better us. One of the most effective ways to accomplish this is to teach youth and teens to swim, so they can stay safe around water and learn the skills they need to make swimming a lifelong pursuit to stay healthy!

Y swim instructors are nationally certified. Their training includes CPR, AED, First Aid, and Oxygen Administration. Swim lessons provide important life skills that could save a life and will benefit youth and teen swimming students for a lifetime.



## Diverse Abilities Camp

We encourage and support the participation of individuals with diverse abilities in all programs and services. During the camp day opportunities are created for children to enhance their self-esteem, build friendships, develop greater independence and give campers a sense of their creative potential in a safe, fun and nurturing environment. Volunteers ages 13+ will be paired with campers and participate in activities throughout the day. One on one is NOT provided.

Diverse Abilities Camp Dates:

June 26 – 30 • July 3 – 7 • August 14 – 18 • August 21 – 25



# WHAT'S NEW?



## In-house Experiences 🍷

These fun experiences are theme related activities that will be brought to camp from an outside groups. Some of the groups we are hoping to host will be Yoyo Champion, NJ State Museum, Fireball Mountain, Philadelphia Insectarium and much more.

## Youth Programming ★

At the YMCA we believe positive youth development programs strengthen our camper's sense of identity, belief in the future, self-regulation, and self-efficacy as well as their social, emotional, cognitive, and behavioral competence. These programs that we're offering this summer will add to our camper's development. Some of these weekly programs include Girl Scouts, First Tee Golf, Zumba, Yoga, and so much more.

## Four Core Values Initiative ❤️

Our four core values at the YMCA are Honesty, Respect, Caring, and Responsibility. Campers who consistently display our values in action will be rewarded at closing award ceremonies each week. We encourage a positive, friendly environment and culture with campers, a goal for campers to work towards, incorporating our values into our program

## Theme Weeks 🗡️

Each week of camp is special so we have theme for each one. In addition to all the fun campers will have throughout the day, all campers will have the opportunity to participate in all theme weeks! Below is the list of themes:

- Week 1: Aloha Summer
- Week 2: Paint me Crazy
- Week 3: Holiday Extravaganza
- Week 4: Color Wars
- Week 5: Y's Got Talent
- Week 6: Superhero Week
- Week 7: Wet and Wild
- Week 8: I Love the 90's
- Week 9: Sports Extravaganza
- Week 10: Safari Party
- Week 11: Summer's End

## Exciting Special Events & Activities 🎪

In addition to all the fun campers will have throughout the day, all campers will have the opportunity to participate in exciting special events and activities. Visit our website for the full list of all the ways we're going to find adventure this summer!

**Follow us on Facebook for additional information on In-house Experiences, Special Events and Activities.**





## Meet Rudy Turner Sawmill Camp Director



A New Jersey native, Rudy attended Rutgers University, New Brunswick where he received a degree in Sports Management with a minor in Organizational Leadership. Rudy began his career at the YMCA, nearly a decade ago when he began working as a program specialist for camp and later was promoted to the Camp/Youth Director.

Rudy is very excited to begin his new journey with the Hamilton Area YMCA. He's excited to get to know Sawmill Summer Camp families and campers. Rudy is looking ahead to this summer — "This summer is going to be a new vibrant environment for our campers and I'm excited about starting a new culture at Sawmill." He can't wait for campers to Find their Adventure at Sawmill Summer Camp!



### Caring & Well Trained Staff

Each of our staff undergoes a series of interviews, reference checks and a complete background/criminal history check. Our leadership team are college graduates who are working professionals in the fields of education and child development with more than 40 years of camp experience. Our senior counselors are at least 18 years of age with prior experience working with children. Many of our staff have been former campers and have gone through our counselor in training program. All staff participate in over 25 hours of YMCA pre camp training, and 10 hours of New Jersey State led health and safety training, including child abuse prevention. All staff are certified in First Aid and CPR. There is a camp nurse on-site each day.



### Parents Trust Us

When you drop your child off at camp, we know that you are trusting us to provide high-quality care. With a low, camper-to-staff ratio, each child receives the attention they need to grow in a safe, supportive environment. Our on-site, full-time nurse provides additional support. The Hamilton Area YMCA has been proudly serving the Community for more than 70 years and over two decades at our Sawmill Branch.



### Everyone belongs at the Y.

We believe in serving the needs of all members of our community including those who may be unable to pay the full cost of membership or programs. **Financial assistance** is based on a number of factors including total household income and number of dependents in the household. Financial assistance applications are required and are due by May 1. The process is confidential. E-mail: [ryanyoung@hamiltonymca.org](mailto:ryanyoung@hamiltonymca.org) for more information.

We are an approved summer camp for State Subsidies such as **Child Care Connection**. E-mail: [ryanyoung@hamiltonymca.org](mailto:ryanyoung@hamiltonymca.org) for more information.

## Open Houses at the Sawmill Branch

Meet the Camp Director, Senior Camp Staff, Medical Staff, Pool Supervisor and the staff of our Specialty Camps.

Saturday, April 1 from 10:00 a.m. – 12:00 p.m.  
Tuesday, April 11 and Tuesday, May 2 from 6:00 – 7:00 p.m.

## Information Sessions at the Sawmill Branch

Summer Camp staff will be available to answer your questions!

Tuesday, April 25 and Tuesday, May 30 from 6:00 – 7:00 p.m.

## Contact Us!



**Call**  
**Summer Camp**  
**at the Sawmill Branch:**  
609.581.9622 ext. 21100



**Click**  
[hamiltonymca.org/camp](http://hamiltonymca.org/camp)

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Complete the tour request form at  
[hamiltonymca.org/camp](http://hamiltonymca.org/camp) to schedule a  
personal tour – we're just minutes  
from the Hamilton Marketplace!

Visit [hamiltonymca.org/camp](http://hamiltonymca.org/camp) for full  
camp descriptions, pricing, registration  
forms and online registration!

Plus you can access:

- Parent handbook
- Camp Staff Bios and training
- Tuition Assistance Options
- Theme weeks and special events
- What campers should bring to camp
- FAQs & more!



## What To Bring To Camp

Make sure to write your  
child's name on everything.

- Backpack
- Bathing Suit
- Change of Clothes
- Towel
- Sunscreen
- Reusable Water Bottle
- Non-perishable Lunch & Snack
- Positive Attitude

## What to Wear

- Comfortable Clothes that can get dirty
- Closed toe shoes
- A baseball or bucket hat
- Anything else weather related needed to play outside

## What to not bring

- Any Toys from home
- Any kind of electronics
- Trading Cards

Did you know? Kids average 4-6 hours of  
screen time each day.

We want campers to be engaged at camp.  
Through play, kids learn to solve problems,  
make new friends, and discover the world  
around them which helps them grow.

