

# EXPANDING YOUR CHILD'S HORIZONS

## Special Events & Experiences

Special visitors will be at Sawmill weekly and are sure to be the highlight of the week! Think Music Play Patrol, a petting zoo, the famous Yoyo Champion, and more! All of these and more will come to our camp so each camper can experience the fun without leaving Sawmill!

## Swim Lessons

Swim lessons provide important life skills that could save a life and will benefit youth and teens for a lifetime. Weekly swim lessons are offered to campers ages 4 - 13 at various afternoon time slots beginning at 2:45 p.m. Our swim instructors are Y-USA certified. Their training includes CPR, AED, First Aid, and Oxygen Administration.

## The YMCA Four Core Values

We strive to embody the core values of the YMCA - **Caring, Honesty, Respect, Responsibility** - which are the cornerstone of what we teach our campers. These values are used to highlight expectations, encourage positive behaviors and cement the meaning of the camp experience into the minds of campers.

## Y Bucks

When we see campers upholding our four core values and demonstrating things like sharing, displaying acts of kindness and including others, they will earn Y Bucks! Y Bucks can be used in our camp store for fun prizes at the end of each week.

## Camper Accomplishments

We find that campers often accomplish things they never expected - like passing the deep end swim test, making their way through the climbing wall, and making new friends! We recognize these accomplishments made throughout the week!

## Weekly Awards

- Camper of the Week
- Core Value Star of the Week
- Counselor of the Week
- Deep End Test Award

## Opportunities For Growth

We are proud to have partnerships with community-based organizations such as the Girl Scouts, Penn Medicine, Hamilton Township Health Department, and more. In addition to all of the exciting programming we offer, these organizations provide activities that strengthen our campers' social, emotional, and behavioral competence.



The Hamilton Township Health Department creates a culture of health by increasing accessibility and promoting health equity through honest and credible services and community engagement.



The Girl Scouts builds girls of courage, confidence, and character, who make the world a better place. STEM programs increase a strong sense of self, positive values, challenge seeking, healthy relationships and community problem solving. Girl Scouts empower today's girls to become tomorrow's leaders.



Penn Medicine offers several programs to our campers such as the Safe Sitter program, designed for kids that are ages 11 - 14, that teaches CPR and babysitting safety, and RAD Kids which teaches self-defense for all ages.

## Bike & Pedestrian Safety

Partnering with schools and communities in Mercer County to implement safe walking and bicycling programs.

## Caring & Well Trained Staff

Each of our staff undergoes a series of interviews, reference checks and a complete background/criminal history check. Our leadership team are college graduates who are working professionals in the fields of education and child development with more than 40 years of camp experience. Our senior counselors are at least 18 years of age with prior experience working with children. Many of our staff have been former campers and have gone through our counselor in training program. All staff participate in over 35 hours of YMCA pre camp training. Topics include age appropriate activities, behavior management, risk management, health and safety, child abuse prevention and more. All staff are certified in First Aid and CPR. There is a camp nurse on-site each day.

## Parents Trust Us

When you drop your child off at camp, we know that you are trusting us to provide high-quality care. With a low, camper-to-staff ratio, each child receives the attention they need to grow in a safe, supportive environment. The Hamilton Area YMCA has been proudly serving the Community for more than 70 years and over two decades at our Sawmill Branch.

## Everyone belongs at the Y.

We believe in serving the needs of all members of our community including those who may be unable to pay the full cost of membership or programs. Financial assistance applications are encouraged and are due by May 1. The process is confidential. E-mail: [rturner@hamiltonymca.org](mailto:rturner@hamiltonymca.org) for more information. We are an approved summer camp for State Subsidies such as **Child Care Connection**.

# THEME WEEKS



**WEEK 1 - SUNRISE WEEK:** Welcome to Sawmill! Spread joy and positivity.

**WEEK 2 - STARS STRIPES AND CELEBRATIONS:** Patriotic theme week to celebrate the 4th of July

**WEEK 3 - SPARKLES AND SHINE WEEK:** Creativity and self-expression at its best.

**WEEK 4 - SUPER COLOR WARS CLASH:** Campers will compete for the spirit stick through challenges, contests and games.

**WEEK 5 - SPORTS MANIA WEEK:** Cheer on your favorite team!

**WEEK 6 - SWEET TREAT WEEK -** A week of deliciousness and creativity!

**WEEK 7 - SURF'S UP WEEK:** Ride the waves and embrace water fun!

**WEEK 8 - SCIENCE & DISCOVERY WEEK:** Explore the wonders of the world through science.

**WEEK 9 - SUPERHERO WEEK:** Power up with super fun activities.

**WEEK 10 - SUNSET WEEK:** A week of favorite activities that showcase what Sawmill is all about.

