

## A Message from Penn Medicine Princeton Health:

Your cell phone is always by your side, and it's recommended that you disinfect it daily.

The Centers for Disease Control (CDC) recommends using a 70% isopropyl alcohol wipe or disinfecting wipes to gently wipe the exterior surfaces of your phone. Don't use bleach. Avoid getting moisture in any openings, and don't submerge your phone in any cleaning agents.

