



NEW YOUTH CLASSES at the Hamilton Area YMCA

Art Club I & II (ages 4–9)

The arts help kids express their creativity while learning crucial development tools, such as fine motor, communication, and problem-solving skills. Drawing, sculpting clay, and cutting with scissors encourage kids to practice their hand-eye coordination. Many art projects are open-ended, allowing children to use their imagination and practice skills without judgment.

Writing club (ages 3–6)

Explore the wonders of writing through the growth and development of fine motor skills. We promote writing by enhancing our fine motor skills through various activities. These activities include physical development, fostering creativity through writing, and engaging in independent daily tasks.

Book Club (ages 3–6)

Join us in enhancing your child's early literacy skills by fostering a love for books! Our adventures include a read-aloud story, interactive group activities like a song or craft, and book-related games!

Cheer/Dance I & II (ages 5–14)

The YMCA Cheerleading and Dance Program encourages kids to get active and have fun cheering and dancing on the YMCA Youth Sports teams. Cheerleaders will build self-confidence while developing social skills. Gather your cheer uniforms, dance shoes, and pom poms, and learn the fundamentals of cheer and dance, including basic motions, jumps, cheers, and chants. Participants practice once a week and then showcase their skills on the court or field to cheer at Y Youth Sports games Saturdays.

Y Rookies (ages 3–5)

This class provides younger children with a fun atmosphere to work on their basketball skills. Kids will learn the basics of the sport, including how to pass, dribble, and shoot, by doing drills and playing games.

Gymnastics I, II & III (ages 3–14)

Staying active during the school year and summer can help kids and teens maintain their overall well-being. Gymnastics is a fantastic activity that engages children while helping them socialize, acquire new skills, and persevere through challenges. At the YMCA, we balance skill improvement with fun in every gymnastics class.

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