

OUR IMPACT

Since the organizational inception in 1844, YMCA's have been dedicated to serving whatever needs most profoundly impact their community. The Hamilton Area YMCA is a perfect example, having constantly evolved depending on the needs of our community. In the last 5 years alone, we have had some incredible impact.



Invested **\$162,550** in our youth by providing the Y connection program - a free, safe, positive after school environment for tweens and peace of mind for over 250 families.



Provided **\$261,234** in financial assistance to families that depend on us for a summer of fun and friendship - that's more than 6% of our 3,343 campers!

The Delay the Disease program, a support program for those living with Parkinson's has provided support to **260 participants** since its inception and is one of our fastest growing programs.



Increased participation in the SKOR/SOAR Program from **217** to over **450** participants.



The American Cancer Society says regular, moderate exercise has been found to have health benefits for the person living with cancer. Since 2012, we have helped **65 participants THRIVE!**

Created and launched One Step, a program for those living with MS, which has now grown to **126 participants** and has been replicated by 5 YMCAs in New Jersey.



Over **1/2** of children in New Jersey are diagnosed as either overweight or obese. We have helped to change the future for **172 children and their families** through ACT! Youth Weight Management.



The leading cause of accidental death for young children in America is drowning. Over the last five years **we have provided swim lessons to 21,532 children and adults.**

OUR REACH

We connect to more than 12,000 people of all ages and backgrounds to bridge gaps in community needs and build a stronger community by encouraging philanthropy and volunteerism.



Over 2000 kids learn teamwork and build their confidence through our youth sports program. With just \$125 you can support a team.

700+ kids who attend our summer camp annually, made new friends, improved self-esteem and learned new skills.



12,112 enjoy the benefits of Y membership



Our JKR Branch sees **38,000** visits each month



60,000 households receive the program brochure



14,000 learn new things through our eNewsletters



4,981 "like" us on Facebook

Togetherhood, a volunteer based committee, reaches into the community and manages community projects including a Prom Drive, Halloween Candy Drive for troops, Classroom supply drive and more.



More than 700 community volunteers help us do our work each year

10,000 visit our website per month



44 kids learn and grow in Y's Owls Preschool

