



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Hamilton Area YMCA BASKETBALL LEAGUES

**Divisions: ages 4 – 5 & ages 6 – 7
League Starts January 8**

Ages 4 – 5

For our youngest players, we focus on introducing the game of basketball and basic ball-handling skills like passing, dribbling, and shooting. This instructional beginner league will teach your child the fundamentals of basketball and basic game concepts. Coaches take an active role in teaching at this level and 6-foot goals and smaller balls are used. Practice and games are held during Saturday afternoons. Practices will be scheduled 30 minutes before your scheduled game time. Practices will be at 2:00 p.m. and games will be from 2:30 – 3:30 p.m.

Ages 6 – 7

Children at this level continue to develop basic skills and begin to learn the rules of the game. The primary focus is on offense and ball-handling and coaches and officials emphasize learning throughout the game. One-on-one defense is introduced and 8-foot goals and 27.5" balls are used. Practice and games are held during Saturday afternoons. Practices will be scheduled 30 minutes before your scheduled game time. Practices will begin at 3:30 p.m. or 5:00 and games will begin at 4:00 or 5:30 p.m.

*Practice and game times may vary from week to week.

**Fees: \$99 for Family Facility Members \$149 for Facility/
Community Members.**

For more information, please contact Tyler Koerber at 609.581.9622
ext. 121 or tkoerber@hamiltonymca.org.



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