



Play ON OUR Team



The Hamilton Area YMCA is teaming up with the NFL to bring you our new **NFL Flag Football league**. Our NFL flag football league offers a safe way for children to participate in football. Players will learn the fundamentals of football and teamwork all while having fun in a co-ed, safe, and competitive way.

Register by March 31st to ensure you will receive an NFL team reversible jersey.

Practices are held during the week and with games on Friday at the Sawmill Branch.

Contact Ryan Young at ryanyoung@hamiltonymca.org for more information.