



Hamilton Area YMCA

Pool Schedule

Caring, Honesty, Respect, Responsibility

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP SWIM: Facility members 12 years and older. Please be courteous, circle swim when lane has more than 2 swimmers.

OPEN SWIM: Our pool is available for members to swim at their leisure. Facility Children 8 and under require a parent/guardian in the pool. (over 18)

Facility Children 9-13 need a parent/guardian(over 18) in the facility during this time. Space is subject to change due to programming.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30am								5:30am
6:00am	5:30am-9:00am	5:30am-9:00am	5:30am-9:00am	5:30am-9:00am	5:30am-10:00am			6:00am
6:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			6:30am
7:00am	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	7:00am
7:30am	Walk/Swim	Walk/Swim	Walk/Swim	Walk/Swim	Walk/ Swim	Walk/ Swim	Walk/ Swim	7:30am
8:00am						Aqua Zumba 8:00am-8:45am		8:00am
8:30am	Lanes will be adjusted based on programming needs, Swimmers may be asked to move.					3 Lap Lanes		8:30am
9:00am	Aqua Exercise Monday- Thursday 9:00am-9:45am, 3 lap lanes available				4 lap lanes		Swim Lessons	9:00am
9:30am	3 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	Walk/ Swim		Swim Lessons (3 Lap Lane)	9:30am
10:00am	Aqua Exercise Monday- Thursday 10:00am-10:45am, 3 lap lanes available					No Lap Lanes	Open Swim	10:00am
10:30am	3 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	No Open Swim	Swim Lessons	10:30am
11:00am	Lap Swim	Arthritis Class 11:00- 11:45am	Lesson 11:00am- 11:45am	Arthritis Class 11:00- 11:45am	Tai Chi 11:00- 11:45am			11:00am
11:30am	4 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	Swim Lessons	Pool Closes	11:30am
12:00pm	Walk/Swim	12:00am-2:00pm	12:00am-2:00pm			(1 Lap Lane)	11:45 PM	12:00pm
12:30pm		Lap Swim	Lap Swim	3 Lap Lanes	12:00am-4:00pm	No Open Swim		12:30pm
1:00pm	Aqua Exercise 1:00pm-1:45pm	4 lap lanes	4 lap lanes	Aqua Exercise 1:00pm-1:45pm	Lap Swim	Swim Lessons		1:00pm
1:30pm	3 Lap Lanes	Walk/ Swim	Walk/ Swim	3 Lap Lanes	4 lap lanes	Lap & Open Swim		1:30pm
2:00pm	MS Class 1:00pm- 1:45pm	Aqua Yoga	Aqua Zumba	MS Class 1:00pm-1:45pm	Walk/ Swim			2:00pm
2:30pm	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes				2:30pm
3:00pm	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes		Pool Closes		3:00pm
3:30pm	Walk/Swim	Walk/Swim	Walk/Swim	Walk/Swim		3:45pm		3:30pm
4:00pm	Swim Lessons run 4:00pm-7:45pm; 1 lane available, No Open swim.							4:00pm
4:30pm					Swim Lessons 1-2 Lap Lanes			4:30pm
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Open Swim			5:00pm
5:30pm	(1 Lap Lane)	(1 Lap Lane)	(1 Lap Lane)	(1 Lap Lane)				5:30pm
6:00pm	No Open Swim	No Open Swim	No Open Swim	No Open Swim				6:00pm
6:30pm								6:30pm
7:00pm	Hamilton Aquatics; No lap lanes/ open swim							7:00pm
7:30pm		1 Lap Lane						7:30pm
8:00pm	3 Lap Lanes	Swim Lessons	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes			8:00pm
8:30pm	Open Swim	3 Lap Lanes	Open Swim	Open Swim	Open Swim			8:30pm
9:00pm		Open Swim						9:00pm
9:30pm	Pool Closes Monday 7:00-8:00pm on Mondays, Tuesday through Friday at 8:45pm							9:30pm
10:00pm								10:00pm

Lifeguard/Deck Supervisor has final decision on management of the pool.