

Sports & Gym at JKR Contact Tyler Koerber at 609.581.9622 ext. 121 or tkoerber@hamiltonymca.org

60 minutes Karate
45 minutes

All Members: \$88
Facility Members: \$56 | Program Members \$78

CLASS	AGE	MON	TUES	WED	THU	FRI	SAT	SUN
Little Rookies*	19 - 36 months					10:00 a.m.	10:30 a.m.	
Strider Balance Bike Training	2 1/2 - 5			10:00 a.m.	11:00 a.m.			
Little Athletes	3 - 5				10:15 a.m.	10:45 a.m.		
Pee Wee B-Ball/T-Ball	3 - 5			4:30 p.m.				
Pee Wee GATORS	3 - 5					5:00 p.m.		
Sports Start	3 - 5						9:45 a.m.	
Super Star Soccer	3 - 5				5:45 p.m.	9:00 a.m.		
Y Rookies	3 - 5				9:30 a.m. 5:00 p.m.			
Youth Yoga	3 - 11				6:15 p.m.			
Sports Mania	6 - 8				7:15 p.m.		9:00 a.m.	
Y Shooters Beginner	6 - 8	6:00 p.m. 6:45 p.m.						
Y Soccer	6 - 8				6:30 p.m.			
Y World of Sports	6 - 8					4:15 p.m.		
Games Galore, Sports & More	6 - 10				4:15 p.m.			
Youth Fitness	6 - 12			5:30 p.m.			9:30 a.m.	
Sports, Speed and Agility	9 - 12			7:30 p.m.				
Y Dodgeball & Nerf	9 - 12			6:45 p.m.				
Y Dribblers - Int./Adv.	9 - 12	7:30 p.m.						
Karate	5 - 11 12+					6:00 p.m. 7:00 p.m.		

*Parent participation required

NEW MIDDLE SCHOOL PROGRAM! Y SPORTS CLUB (YSC)

Keeping kids active and healthy is more than an interest of the Hamilton Area YMCA, **it's what we do.** We are excited to announce our newest program that offers middle school students the opportunity to develop healthy lifestyle habits, gain self-confidence, and build positive relationships with their peers through sports. Y Sports Club (YSC) is open to all middle school students (incoming grades 6 - 8) at Crockett, Grice, and Reynolds. Sports are held at each school from 3:00 - 4:45 p.m.

- Golf (3 days per week) April 1 - May 31 \$150/child
- Flag Football April 1 - May 31 \$150/child

For more information, please contact Tyler Koerber at tkoerber@hamiltonymca.org.
Financial Assistance is available. This program is partially subsidized by the Hamilton Area YMCA.

REGISTRATION IS GOING ON NOW!