



# DIVERSE ABILITIES BASKETBALL

**Dribble, shoot, score!** The Diverse Abilities Basketball league at the Hamilton Area YMCA is open to individuals ages 5+. Participants will learn different skills from the very basics to more in depth instruction, as well as play in non-competitive scrimmages.

The league will run January 23 - March 13. Athletes will have weekly practices every Sunday at the JKR Branch from 11:00 a.m. - 12:00 p.m.

Athletes should wear athletic type clothing as well as proper athletic type shoes, and bring water in a plastic water bottle labeled with their name.

Registration is going on now! **Did you know that you can now register online?! Visit the Diverse Abilities page of our website and click on the "View Days & Times | Register" button inside of the Basketball drawer.**

The registration form can also be found on the Diverse Abilities page of our website.

For more information, contact:  
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